

Soup of the day Served with Homemade Soda Bread (1,2,3,6,7) €6.95

House Favorites

Chargrilled Lemon & Garlic Chicken Breast (1,2,5,7)

Beef tomato, Greens, White Cheddar, Garlic Mayo Toasted Brioche Bun. *Chips or Side Salad* €13.95

Ham & Cheese Toastie with Cup of Soup Gallaghers Toasted, Mayo, (1,2,5) €8.95

Potato Skins, Crispy fried, smokey bacon cheese sauce, crispy onions, bacon bits (2,6) €10.45

Three Joint Hot Buffalo Chicken Wings

(x6) Franks hot sauce, side Cashel Blue cheese dip, celery sticks (2,6) €10.45

Homemade Irish *Beef Lasagne (1,2,5,6,7) €14.95

Galway Bay Fish And Chips (*Hake*) Garlic Dip and Lemon Wedge (1,2,4,5) €14.95

Filled Baked Potato - Melted Cheddar Cheese & Crispy Bacon Bits (2,5,6,7) €10.95

Side Sour Cream - Spicy Butter Bean & Tomato Sauce €10.95

- BBQ Pulled Pork & Crispy Onion bits €13.95

- Tuna & Cheddar Melt €13.95

Chargrilled Chicken Pasta (1,2) €14.95

tossed with a house tomato garlic sauce, topped with Chargrilled Chicken breast

Salads

Caesar Salad (1,2,5,7)

Crispy Cos lettuce, Parmesan shavings, Croutons, Crispy Bacon & dressing €12.95

Add: Chargrilled Chicken €4, Sliced Irish Smoked Salmon €4.50

Roast Sweet Potato & Quinoa Salad (1,2,5,7) €12.95

Mixed Lettuce leaves, Peppers, Red onion, house low cal vinaigrette dressing, Sourdough bread

Add: Chargrilled Chicken €4, Sliced Irish Smoked Salmon €4.50, Grilled Shrimp €4.50

Sandwiches

Served with Chips or Side Salad

Chicken Fajita Wrap Pulled Chicken, peppers, onions, housed fajita sauce, Salad (1,2,5) €10.95

'Low n Slow' BBQ Pulled Pork bbq sauce, onion & mushroom, Cheddar toasted Ciabatta. (2,6) €12.95

Classic BLT Crispy Bacon, Lettuce, Beef Tomato, Mayo, Gallaghers Sliced white Toasted (1,2,5,7) €9.95

Chicken Goujon Wrap Spicy Mayo, Melted Cheddar, Mixed Salad (1,2,5,7) €10.95

Falafel Wrap Mix Pepper, Red Onions, Hummus, House Yogurt Mint Sauce (1,2,3,6,7) €10.45

Tuna Melt Tuna, spring onion, mayo, dash paprika, cheddar Open Toasted Sourdough (1,2,5,7) €9.45

Allergens: 1. Gluten 2.Diary 3. Nuts 4. Fish 5.Egg 6.Mustard 7.Sesame Seeds *Beef Origin: Ireland

Please Note: substitutions/changes to menu items may be charged for